# **FAQs**

# **TESTIMONIALS**



Advanced technology, medical grade light treatment uses infrared light, not laser, to penetrate into soft tissue, muscle and joints. It rapidly reduces inflammation of soft tissue, muscles, and nerves.

#### Does the treatment hurt?

No. Medical grade infrared light is not a laser. It feels warm, but not hot. It has no known side effects.

#### How long does the treatment take?

Treatments take approximately 15-30 minutes depending on the surface area. Treatments can be repeated in 2-4 weeks if needed.

#### How long does it take for results?

In a single treatment, the average patient achieves approximately 50 to 80% reduction in pain. Some patients acheive 100% relief from pain.

# What is the difference between medical infrared treatment and home infrared treatment?

Power. Medical Infrared Light is significantly more powerful. 30 minutes of medical infrared light treatment = 40 hours of home infrared light treatment. "Four years after knee replacement I have pain that keeps me from sleeping more than 4 hours a night. The medical infrared treatment was very helpful. My knee aches less and the swelling is better too."

- Patient Age 50, Knee Pain

"My low back has bothered me for years, especially at night when I try to get comfortable and sleep. Dr Reil did one treatment six months ago and I have been pain free since about a week after that first treatment. She helped me to modify my habits to protect my low back too."

- Patient Age 63, Back Pain

"The flares of nerve pain in my face are less frequent and minor compared to before having medical infrared treatment. What a simple yet effective treatment. I highly recommend this for anyone with trigeminal neuralgia. Treatment is painless, the light feels warm but not hot."

- Patient age 75, Trigeminal Neuralgia

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# NON-INVASIVE TREATMENT FOR **PAIN**

- Arthritis Pain
- Muscular Pain
- Sports Injuries
- Nerve Pain

This procedure qualifies for Health Savings Accounts (HSA) and Flexible Spending Plans (FLEX). FDA Cleared.



## **TESTIMONIALS**

"My sports injury could have been career ending for playing college basketball. MRI showed an avulsion fracture and ligament injury in my ankle. Four months later it had not healed and I couldn't get the vertical height shooting 3-point shots. Dr. Reil did medical infrared treatments once a week for 5 weeks. My ankle healed fully in 5 weeks and I was able to use my scholarship playing Division One basketball."

-Patient age 22, Ankle Sports Injury

"Nobody told me that after bilateral mastectomy the tiny nerve endings would come back to life – making it hard to get comfortable and interfering with my sleep. Just one Medical Infrared Light treatment significantly reduced the annoying, almost constant pain."

-Patient age 65, Breast Nerve Pain After Mastectomy

"I had 3 failed surgeries including the cyber knife for the nerve pain on one side of my face. My daughter read a study that used medical infrared light to successfully treat trigeminal neuralgia pain. Dr Reil did 8 treatments on my face spaced 4 weeks apart. My pain went from 10/10 to less than 1/10 over a 3-month timeframe and I was able to wean completely off of the 2700mg of Neurontin I was using daily. I am still pain free 10 years later. Forever grateful!"

-Patient age 71, Trigeminal Neuralgia



## What conditions can the treatment help?

- Back Pain
- Hip Pain
- Trigeminal Neuralgia
- Hand Pain
- Bells Palsey Pain
- Tailbone Pain
- Trigger Points
- Frozen Shoulder
- Shoulder Pain

- Wrist Pain
- Ankle Pain
- Neck Pain
- Carpel Tunnel
- Knee Pain
- Foot Pain
- Sports Injuries
- Plantar Fasciitis

# **TESTIMONIALS**

"My tailbone was injured many years ago and it just would not heal. I could not sit on a hard surface and it was so difficult to get comfortable sitting for long periods of time, for instance traveling in the car. After having one medical infrared treatment I was able to sit for long periods. The only discomfort left was pain when pushing directly on the tailbone. After the second treatment, the pain has not returned. Wow."

-Patient age 49, Tailbone Pain

"My SI Joint pain flares up with activities like cross country skiing and doing home projects. The pain could be severe (8/10) making it hard to walk and flares could last for months. After years of suffering with SI joint pain, I tried medical infrared light treatment which has healed my joint. It has been 3 years since my last flare."

-Patient age 56, SI Joint Pain

"I was diagnosed with frozen shoulder after an injury. It was really painful and Physical Therapy did not help. I was unable lift my arm above my head. After the first medical infrared treatment I was at least 50% improved with range of motion and pain. I did two more treatments four weeks apart and was finally able to do the home exercise program that the Physical Therapist gave me. My shoulder is no longer frozen and I did not have to do surgery."

-Patient age 73, Frozen Shoulder