



That Lovin' Feeling

Why Cliovana can help you if you've lost it.

Q & A with Dr. Julie Reil of Shiloh Medical Clinic

Q: Why is sexual wellness something women should be thinking about?

A: It's a very important, yet often overlooked, part of our lives that is a big part of intimate relationships and self-esteem. About 60% of women say they are unsatisfied in the bedroom. They view it as a chore, and only about 33% actually get that afterglow. Thankfully, new technology has come along to help women reignite their sex drive and keep the spark alive.

Q: What are some of the biggest barriers to sexual health?

A: Physical changes such as decreasing desire, dryness and lackluster sensation are some of the most common barriers women complain of medically. These physical changes can happen naturally with menopause and aging, but also with overstimulation of the delicate nerve tissue from prolonged sitting and vigorous pelvic floor exercises like extended bike riding and horseback riding. Chemotherapy and radiation treatments also interfere with blood flow and nerve function which significantly affect sexual function.

Q: What is giving your patients hope?

A: Real patients are getting back intimacy that they thought was

gone forever. The opportunity to restore sexual function without the risk of taking hormones is a breakthrough and the opportunity to improve sexual satisfaction at any age is a blessing for women. One patient story that inspired me as a physician to become a Cliovana provider is of a woman who battled and miraculously survived Stage III breast cancer, chemotherapy, radiation and a full hysterectomy. For 10 years she grieved the nearly complete loss of her sexual drive. Lack of desire, dryness and discomfort made intimacy nearly impossible, until Cliovana. With Cliovana, her full sensation was restored as was lubrication and comfort, bringing her and her husband a second miracle, the return of their spark, connection and mutually satisfying intimacy.

Q: What is Cliovana and how does it work?

A: Cliovana is a new technology that uses acoustic sound waves to regenerate nerve tissue and blood vessels needed for sensation and blood flow during intimacy. Using four treatments over two weeks, Cliovana uses gentle cupping to bring the blood vessels and vascularity to the surface. It also uses soundwave to stimulate blood flow and innervation. One treatment takes about 10 minutes.

Q: What is the patient experience like?

A: The entire procedure is gentle and done externally so it is not uncomfortable or painful. There's no internal probing or heating. Patients describe the procedure as quick, painless and easy.

Q: How long does it take until it starts working?

A: Within two weeks the treatment starts working. By the third or fourth treatment, patients report improvements and the

average final result is three months after the final treatment. The results are long-lasting for years.

Q: How is Cliovana different from other treatments?

A: Cliovana is the ONLY treatment directly targeting the nerves and blood supply to the female sexual anatomy to improve lubrication, sensation and satisfaction for the woman.

Q: What else do we need to know about the treatment?

A: Improved sexual health leads to overall health and wellbeing. We know that it can lower blood pressure, improve immune responses, lead to better sleep, less stress and reduced depression. It just floods the brain with good-feeling hormones.

Certain medications — female contraceptives, blood pressure-lowering medications and antidepressants — blunt the female response. Cliovana has been shown to help improve desire in women who take these medications.

Women who do not have enough lubrication, those in the perimenopausal and menopausal stages experience intimacy that is painful. Cliovana helps vaginal dryness without needing hormone replacement medication. Patients who have had breast cancer and those who have a family risk of hormone-driven cancer cannot use hormones to improve vaginal dryness, but now have Cliovana, a safe and effective solution. Cliovana is indicated for women from 22 years of age up to 75 years plus. Any woman who wishes to improve her sexual pleasure is a candidate for Cliovana.



Is your sexual satisfaction as good as it could be?

Truly satisfying sex is important to a woman's overall physical and emotional wellbeing at any age.

Everything you want None of what you don't



No numbing cream



No burning



No probes



No needles



No freezing



No surgery

Effects that last

- Results are immediate and intensify over 3 months.
- This heightened state lasts for a year or more and can be sustained with a single, annual revitalization session.
- Just 4 sessions at less than 10 minutes each, over the course of 2 weeks
- Zero downtime: you can do anything as soon as your appointment is done
- 100% non-invasive: no probes, needles, freezing, burning, or surgery
- **EASY, FAST AND PAINLESS**

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